# Longbeach PLACE Inc.



# Chelsea's Neighbourhood House



16th Annual Report 2019

#### Longbeach PLACE Inc.

16th Annual Report 2019 28 May 2020

#### **ACKNOWLEDGEMENTS**

Longbeach PLACE Inc. sincerely thanks the following organisations and individuals for their support and contributions during 2019.

City of Kingston

Southern Metropolitan Department of Health and Human Services

Southern Metropolitan Adult, Community and Further Education

Neighbourhood Houses Victoria

Community House Network Southern Metropolitan Region

Chelsea Community Information Support Services

Bendigo Bank

**LUCID Computers** 

Oakwood School

Chelsea Probus

Central Bayside Community Health Services













## PRESIDENT'S REPORT 2019 Rosemarie Sterling

Longbeach PLACE had a fantastic growth in new community groups: a new art group, pilates, social group and garden group. Thank you to all the new and ongoing volunteer facilitators.

ACFE classes have continued to run steadily. We sincerely thank all the students and teachers for your wonderful effort.

Longbeach PLACE had some wonderful events throughout the year including a Neighbourhood House Week Silent Disco that was so much fun and a big hit.

The Biggest Morning Tea run in partnership with Oakwood School was also a wonderful day. Thank you to everyone for your silent auction donations. The day raised \$376.

The Seniors Week Wellness event was a huge success and was booked out early with a long waiting list. Everyone had a great day trying the many activities offered and enjoyed health bowls while listening to Rachel the dietitian from Central Bayside Community Health Service.

Thank you to the other members of the Governance Committee. A special thank you to Judith for her work reviewing the Articles of Association and to Anne for all her hard work as secretary.

The Governance Committee commenced a review of the strategic plan to set strategies for the coming three years.

Sadly we farewelled Ted Beesley, who had been a member of the Longbeach PLACE Governance Committee for six years, and more recently our Treasurer but we welcomed back Penny Procter as a co-opted member who agreed to act as Treasurer until May 2020. The committee changed further with Vicki Omond leaving and Anne Legrand joining as Secretary.

We are actively seeking to recruit new governance committee members. We look forward to another year of fabulous activities. Thank you to the staff and volunteers at Longbeach PLACE for making it all happen.

#### MANAGER'S REPORT Rebekah O'Loughlin

2019 saw a growth in new community groups at Longbeach PLACE but a slight decrease in ACFE funded programs, particularly computer related courses, due mainly to fewer applicants.

Highlights included Neighbourhood House Week events including a fabulous Silent Disco, the Biggest Morning Tea event, run in partnership with the Oakwood School and a very popular Seniors Week Wellness Event.

#### **New Community Groups at Longbeach PLACE**

An Art Group has started meeting on Tuesday nights with eight members. Thank you to Jaiden Mattea for facilitating this group which has undertaken the following activities: watercolour painting, sketching and pastel arts.

A Social Group also commenced this year on Wednesday afternoons. Again Longbeach PLACE wants to thank Susan O'Shea who has been the main leader supporting this group. The Social Group's activities have included coffee and a chat, movie days, and walks to the beach/café.

A Tai Chi Group started half way through the year and has had up to ten members. This group meets on Friday mornings. Anne Legrand deserves our thanks for her time in leading the group and for joining the Governance Committee, as well as volunteering to teach French in 2020.



The Chelsea Garden Group also met on Wednesday afternoons and covered various topics such as pruning, planting and weeding. Chrissy Mattea's facilitation of this group is appreciated.

#### **Ongoing Groups**

A big thank you to all the wonderful Community Group facilitators in our more established groups. Who make a terrific contribution to our Neighbourhood House:

- Unfinished Objects (Craft) Group facilitated by Mei Mah
- Colour My World Group facilitated by Mei Mah
- Chelsea PC Support Group facilitated by Chris Ewin and Carrie Ewin
- Yoga facilitated by Margot Kirke
- Walk 'N' Talk Group facilitated by Linda Mitchell
- Pilates facilitated by Susan O'Shea

#### **Office Volunteer Updates**

We welcomed Yi Ling as office volunteer support on Fridays and farewelled Brenda Dance. We really value all your work and the wonderful support you provided in 2019.

#### **Neighbourhood House Week**

The following activities were offered for people to "come and try" during Neighbourhood House Week: Pilates, Yoga, Creative Writing, English as an Additional Language, Colour My World and Unfinished Objects (Craft).

The Silent Disco straight after the Annual General Meeting was a lot of fun. Most participants had never been to one before. Our thanks to everyone who helped with Neighbourhood House Week activities and/or tried one of the activities. A special thank you to my daughter Jemma O'Loughlin who helped to run the Silent Disco.



#### **ACFE Programs**

In addition to their formal learning throughout the year, the English class enjoyed many activities such as Tai Chi, Christmas card and decoration making – thanks to Lin. They also went on excursions to Bunjil Place and Montalto Café and Sculpture Park. Thank you to the students who continue to actively participate in all the events at Longbeach PLACE.



Thank you to the Writing Group for all their efforts with the production of their wonderful anthologies. Congratulations to all the students on their progress and a big thank you to all the teachers for their dedication and work to help students gain new learning skills.

#### **Seniors Week Wellness Day**

Seniors Week Wellness Day was a great success. We had a capacity group of thirty-five people with another thirty on the wait list to attend. It was great to have a variety of active and passive wellness activities.

A word of thanks to Rachel, (the dietitian) from Central Bayside Community Health Centre for her talk on Seniors Nutrition. The health bowls for lunch were fantastic. Thank you to everyone involved who helped make the day such a success.



#### **Biggest Morning Tea**

The Biggest Morning Tea was run in partnership with the Oakwood School. We would like to express our appreciation to everyone who was involved in organising the event as well as those who participated, especially Christina from the Oakwood School, Mei and Mirelle, and the English class at Longbeach PLACE. We raised \$376.00 for the Anti-Cancer Council from the day.

#### Other Fundraising

Other fundraising included a Bunnings Sausage Sizzle at Carrum Downs. Thank you again to all who volunteered, especially Mirelle, Orlando, Liam, Frank, Mei, Anne, Judith and Virginia. Longbeach PLACE raised \$900 from the day.

#### **New Equipment**

New tables, chairs, reception security screen, office door key pad and new telephones were purchased/installed during the year to improve facilities for members.

#### **Volunteer Support Grant**

We were successful in obtaining a volunteer support grant of \$5,000 from the Department of Social Security for surround sound equipment to support groups at Longbeach PLACE. The grant was gained through an application submitted by the Chelsea PC Support Group.

#### **Planning Day**

The Longbeach PLACE Governance Committee spent time preparing a new Strategic Plan to cover

the coming three years. One of the planned new activities is a Chelsea Community Agency Open Day Trail, whereby Open Days are offered on the same day as other nearby Community Agencies and a joint brochure produced.

#### And in conclusion

Thank you once again to everyone who has supported Longbeach PLACE activities this year, especially the Governance Committee, administration staff, teachers, volunteers and funding partners – City of Kingston, Department of Health and Human Services and Adult Community Further Education.

I look forward to the activities we plan to run in 2020.

#### CHELSEA P C SUPPORT GROUP Cheryl Ewin



The Computer Club has continued to assist senior members of the community become competent in the use of computers in a non-threatening and friendly environment. This is achieved through a mix of initiatives. Monthly presentations focus on an area of interest and are presented to group members by one of our Club facilitators. All facilitators at the Club are volunteers.

Presentations are varied throughout in content and cover topics such as home security through to what to buy in a home computer. Guest speakers have been invited to demonstrate popular topics such as genealogy and reverse mortgages. Topics are presented in a slow easy to follow format with revision questions and prizes at its conclusion.

Club members enjoy a social interaction time throughout tea/coffee so they have an opportunity to chat with like minded people who also want to enjoy the potential of computers.

The Club website can be found at <a href="https://www.seniorsit.com.au">www.seniorsit.com.au</a>. This site continues to provide a wealth of information and resources together with suggested computer classes that are offered at Longbeach PLACE. There are further links to other sites of use and value to

Seniors. This website is fully maintained and updated by Club volunteers.

The Club facebook page continues to be monitored and updated by Club volunteers providing news and a forum for interaction between members. This resource continues to be a useful tool for members to keep in touch and offers a level of communication for those who are geographically or physically isolated.

# **Bayside Book Group**

#### Lorraine Harris

Throughout 2019 the Bayside Book Club with a membership of fourteen, met monthly at 4.00 pm to 6.00 pm on the first Saturday of each month. The group is very appreciative of the excellent venue provided by the Longbeach PLACE. Their facilities include access to the conference room and its adjacent kitchen which allows us to enjoy afternoon tea. Excellent parking facilities are also available. Following the formal meeting those members who are able to, enjoy dining together at the Longbeach RSL conveniently located across the car park.

The year began with Roy at the helm as convenor. However due to personal circumstances he was unable to continue and Lorraine Harris finished up the year.

The club continued to be well organised. Members recommend books and a list is prepared and distributed in December of the previous year. Members rotate through the year usually presenting the book they recommended. A variety of genres are included to cater for all tastes. Prize winning novels such as that of the Miles Franklin Award are included to keep the list contemporary.

In 2019 twelve books were reviewed. Books are given a numerical score by the members. This year the book with the highest score of 8.7 was The Shepherd's Hut by Tim Winton closely followed by Boy Swallows Universe by Trent Dalton, Between a Wolf and a Dog by Georgia Blain and Eleanor Oliphant is Completely Fine by Gail Honeyman.

Lively discussion takes place around each book so that the members gain a variety of perspectives which helps to deepen their appreciation and enjoyment. As the current convenor I thank all members for their contribution throughout 2019 and Longbeach PLACE for their hospitality.



#### Anne Legrand

I had the pleasure of starting the Tai Chi activity on Friday mornings in the second part of 2019. Tai Chi is a way for everyone to improve wellbeing. All are welcome regardless of ability, health challenges or previous experience.

Most people can practice the traditional art of Tai Chi, at any age, even those with advanced chronic conditions or those who use a wheelchair. Numerous health problems, arthritis, osteoporosis, heart conditions, illnesses and injuries, post-surgery recovery cases, have improved with regular practice.

In the Chinese culture, health depends on the harmony of body, mind and spirit. Calming the mind and the emotions, slowing down the breathing, along with getting rid of tension on multiple levels of the body and developing focused relaxation are fundamental keys.

The class experience is enjoyable. Participants feel comfortable, improve their balance with a few tips, sometimes share with each other, as we practice drills and learn a sequence of movements. At times, coordination may be challenging, and lead to laughter.

Participants are encouraged to practice between classes, for instance:

- sitting or standing body posture in relaxation
- calmness with focus only on breathing
- · a drill or a posture with balance on one leg
- and when feeling ready, a fluid choreography of connected movements.

Consciously developing relaxation on three levels (mind and emotions, physical body, breathing), and focusing on the practice of movements in slow motion and through connectedness, has a positive impact on the nervous system, and improves circulation of fluids such as blood, along with internal energy.

A few lovely participants have joined in, and some have been coming regularly, happy to share how their understanding and practice is helping them in their everyday life.

'A journey of a thousand miles begins with a single step.' Taoist quotation

Pop in one day, join us and have a try!

#### PILATES Susan O'Shea

In 2019 the Pilates group met every Monday morning. The aim is to strengthen core muscles through basic floor exercises. There is also a focus on breathing.

We had up to six members per week and new members are always welcome.

The group is suitable for beginners and all stages of fitness to an intermediate level.



#### LONGBEACH PLACE SOCIAL GROUP Susan O'Shea

The Longbeach PLACE Social Group met on Wednesday afternoons in 2019, but will move to Friday afternoons in 2020.

The group had up to six members from the local area. Members did activities ranging from chatting over a cup of coffee, movie afternoons or going for a walk to a local café or the beach.

The group is open to both men and women and new members are welcome.

## CRAFT GROUP UNFINISHED OBJECTS Mei Mah

Our friendly ladies continued with their unfinished objects in 2019. We encourage each other to learn new skills, extend and revive existing ones. Some of us sew the Boomerang Bags whilst others knit or crochet. We share knowledge and skills or teach ourselves various crafts. We talk about the fabrics, yarns, colours and the next project we are working on. We enjoy our tea, coffee and conversation.





#### **YOGA**

#### Margot Kirke

2019 has been a year of yoga like the others but with little to report of any significance. The years keep adding aches and pains: we keep stretching, clenching, breathing and trying to hold the years at bay.

With all the other diverse and busy activity through the week we come back together each Monday at 6 pm to try to reset the balance of calm through gentle movements and quiet contemplation. Mostly this is successful.

It does not cease to amaze me how with a little careful stretching, consciously breathing into areas of the body unused to the movements we can find easier flexibility, longer reach, deeper comfort and a much revived body. I like to see that some of the girls are much freer with more flexible bodies than when they started.

Always the relaxation is such a special time of completely letting go. For a maximum total of half an hour per week (out of 162 hours) our relaxations or meditations work miracles on our minds and mental state. Just think if we allowed ourselves five minutes per day! The release must be complete: not letting wandering thoughts enter the mind and if they do, gently sweeping them aside. The body relaxed without discomfort, the mind blank, breathing gentle and allow the mind to feel a connection with the infinite. That way balance, mental agility, acceptance and harmony reigns.

One of our girls has had three return trips to UK, her much loved father and dog have both passed away, seen her sister married and felt the emotion of it all.

Among us we have had the purchase of a bicycle, two daughters and partners have purchased their own homes and moved in, of the several holiday destinations enjoyed include USA, Marrakech, Malta and Torquay (Victoria).

Personally we had two family weddings, one very memorable at Walhalla the ex gold town in Gippsland. By the close of the year we also were made aware of two impending grand babies. One due in April, the other in July: it will be a busier year added to minding Eli (3 and a half year old) each Thursday! I resigned from Hosking Jewellers after 11 years to concentrate on my drafting design business.

Our group of girls (and men on occasions) for yoga are wonderful, insightful, caring, sharing and great

friends. The Hatha postures, Pranayama breath and Pratyahara concentration: meditation together assist in creating a balanced calm oasis in the busyness of our lives.

I commend the group to you all. Namest'e.

#### WALK AND TALK Linda Mitchell

The group walks for about 45 minutes and slowly strolls around different areas of Chelsea admiring the gardens as we go. We walk to Bicentennial Park and like to play on the equipment.

Most of us have been in the group for 10 years. We enjoy the company of each other and return to Longbeach PLACE to have morning tea, chat about topics of interest and have a laugh. We have formed personal friendships within the group, find the social aspect beneficial and love catching up each week.



#### COLOUR MY WORLD Mei Mah

The Colour My World group started in 2016 and is going strong. We have a core group that come each week and a few casual colourists. We sometimes have a hand massage to relax our muscles during a busy session of colouring. We work to music, enjoy herbal tea and friendly conversation. We like discussing colours and styles within the group and our personal preference is reflected in the wide variety of styles chosen.

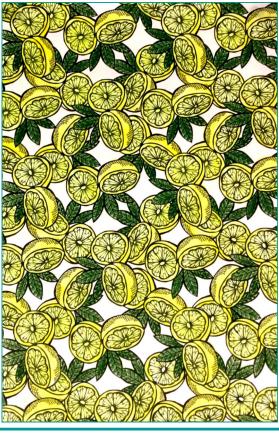






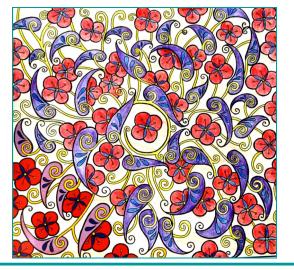


# Colour My World













# CHELSEA ART GROUP







#### WRITING CREATIVELY TOWARDS YOUR FUTURE Mairi Neil

"Writing draws out of memory what can't be recalled any other way... As you notice more, what you notice increases... Awareness makes writing possible... writing increases awareness.

#### Donald Murray, Shoptalk

In 2019, the creative writing class ran during two terms and we produced an anthology at the end of the year packed with poems, short stories and memoir (available to read online). Sadly, there is one name missing from the anthology who has been a regular contributor the last few years. The annual report last year featured a poem written by Heather Yourn, the oldest student in the class, and indeed the neighbourhood house, who turned 90 mid 2018. Unfortunately, Heather passed away 2019 and in honour of her amazing talent here is another of her poems.

Heather writes of growing up in a suburban Melbourne, including details that are but a distant memory for many.

#### Caulfield Heather Yourn

Californian bungalows circa 1925 Four in a row behind the Langdon estate Safe play area for nearby kids Friendly neighbours - pre-war security Fathers off to important city jobs Mothers - homemakers bearing children Black Beauty roses on front fence Or ornamental hedge for variety Autumn leaves piled to burn at back Hardy, prickly couch grass Dad's pride Rock lined pond with gold fish Tuppy the tortoise who wandered A plethora of cats and dogs Even chooks and fresh eggs in No.3 Leadlight windows and tiled roofs all gone Modern monstrosities fill the blocks Progress has conquered SE7 We no longer answer to LF3991.

Heather was a prime example of why many people attend writing classes in the safety and convenience of the neighbourhood house. They want to learn writing techniques and skills, stretch their abilities and leave a legacy for the next generation. I mention every report creative writing is any type of writing in which you express

your thoughts and imagination. This includes all writing and genres such as fiction (short stories, novellas, novels), poetry, and nonfiction (essays, life stories, memoir, blogging, journalism).

Every year in our anthologies there is an impressive cross-section of genres displaying student talent and achievements. We were a tight-knit supportive group with friendship a feature of the classes: shared morning or afternoon tea, celebratory birthday treats and caring for each other - whether it be joys or sorrows.

The class methodology accommodates all types of learners. There is free writing but also prompts and exercises to clear the mind, inspire new creative ideas, or give a fresh perspective - to push boundaries and often move people out of their comfort zone. Homework encouraged writers to build on what they have learned in class and to polish (edit) their writing. This is self-paced adult learning and results reflect personal effort.

Each year as funding and the general economy causes priorities to change, community activities fluctuate, and more people seek learning online, numbers and interest have faded for creative writing classes. However, we enjoyed ideal numbers in the class for workshopping writing and the students were keen and interested. We all appreciate the facilities, the supportive administration and several are looking forward to the classes resuming next year. Here is Heather again...



Heather Yourn

#### Limericks and Rhyme Heather Yourn

There once was a tutor called Neil Who fervently made an appeal To all in her class To get off their backsides And write with some fervour and zeal It's hard to write in rhyming verse When one is used to prose But when your tutor suggests you try You had better - I suppose.

"The beautiful part of writing is that you don't have to get it right the first time, unlike, say, a brain surgeon. You can always do it better, find the exact word, the apt phrase, the leaping simile."

**Robert Cormier** 

#### Writing Class Mairi Neil

Weekly writing class
A library of imagination
Pens fill blank pages
Words arranged and stacked
Released to the public
Knowledge laced with fantasy
A choice of genres
To receive a stamp of approval



The writing class 2019

### EAL, COMMUNICATION CLASSES Mirelle Vidal

2019 was another productive year in our EAL Classroom. The students proactively incorporated learning English whilst building confidence and skills in different settings.

Presentations were common place this year as students shared their knowledge, stories and talents and increased their leadership skills. The students led the class in cooking demonstrations, craft workshops and in sharing opinions and personal stories. Powerpoint was utilised to display online and mobile phone content for many of the presentations to the class.

Communication was broadened with the use of a class Whatsapp account. Our wonderful volunteer Rachel helped the students to set up a group chat where we could share information, stories and photos outside the classroom whilst developing online communication skills.

This year we were also honored to have two guest speakers. The first was an Australian indigenous teacher from NSW. We made bush bread whilst learning about Australian indigenous bush food and culture. To complement this topic the students planned and carried out a visit to the Royal Botanic

Gardens Victoria where we participated in the Aboriginal Heritage Walk.

The second guest speaker was a Tai-Chi instructor who shared practices which emphasised balance in body mind and spirit. It was wonderful to develop mindfulness techniques to support wellbeing.

Organisational and teamwork skills were put into practice in real life settings when the students helped to prepare and host two community events with a wellness theme. It was an excellent opportunity to connect and make a difference within the local community.

It was also rewarding to see the classes as a successful pathway to other courses. Several students have gone on to further study at TAFE and other RTOs to expand their learning and employment opportunities.

It was a privilege to be a part of a great learning partnership with my students. With a collaborative approach, the students developed their English language skills as well as expanded their connection and knowledge of Australian society and developed employability skills.



EAL students



# INFORMATION TECHNOLOGY Cheryl Ewin

introduced Windows This year we courses. We've focused on installing apps from the store, using the built in apps and exploring some of the web based features of Windows 10. Students have greatly enjoyed the new classes and have expressed interest in taking further classes regarding Word, Office Apps, photo editing, online buying and other classes. As a result, we have experienced an increase in student attendance in 2019 classes. In 2020, we intend to add further courses such as an intermediate level in Windows 10 and a more advanced level of Office Apps.















The EAL Class 2019



## The Longbeach PLACE BBQ at Carrum Downs Bunnings















#### THE GOVERNANCE COMMITTEE FOR 2019

#### Rosemarie Sterling - President

Rosemarie has retired after some 35 years as a social worker both in Northern Ireland and Melbourne. She has always tried to the best of her ability to contribute as a volunteer to various agencies in the community, including AIDS Australia, Vision Australia, Homeless Programs and Griefline.

Rosemarie originally joined the Longbeach PLACE committee as Secretary. Volunteering is one way of giving back to the community to help those less fortunate than ourselves. It is a way of saying thank you and, hopefully, in some small way show appreciation by contributing to the dynamic Chelsea community where we reside.

#### Chris Ewin - Vice President

Chris has completed a PhD in Computer Science. He is currently a Senior Tutor at the University of Melbourne and runs an IT business, Enhance Computer Services. He is also a volunteer facilitator at the Chelsea PC Support Group, which he has helped coordinate for over 15 years.

#### Anne Legrand - Secretary

As a student in France in the 1980's Anne volunteered for the creation and development of one of the first radio FM stations, interviewing a variety of people from the local community, hence providing free advertising for local events and opportunities. Having worked in a consulting firm, she developed an expertise in publishing, leading to managerial roles in a group of 60+ magazines, including "Elle". After moving with her family to Australia, Anne followed the challenging process to validate her overseas qualifications (Scientific Master) and failed. Since settling in Kingston, she has been volunteering and/or working for four local community organisations, using her life experience to help others less fortunate than her, and learning from an amazing diversity of people their personal stories and challenges. In 2019, walking around the block from home, she opened the door of Longbeach PLACE, was welcomed warmly, and was soon invited to contribute to activities and to stand for election to the Committee.

#### Ted Beesley - Treasurer resigned August

Ted started working at Westpac, and then became the Administration Manager at Elders Finance. After leaving Elders Finance he ran his own handyman business before moving on to work for Premier Network Support Management. Prior to retirement Ted ran a successful restaurant in Parkdale.

#### Penny Procter - Treasurer from August

Penny has retired from nursing. She was the owner of a school of nursing in Chelsea. Penny has lived in the area for over 20 years. She is committed to the development of community involvement. Volunteering is a way of saying thanks to the community. Without people contributing to the area, Chelsea would not be the dynamic place it is. Participation in activities is what makes us the community we are.

#### Lynette Varley - Committee Member

A long-time member of Chelsea Neighbourhood House Inc/Longbeach PLACE Inc. Lyn has been involved in many aspects of our organisation and a community volunteer involved in many associations including the Women Athletics Association of Victoria known as the Torch Club. Lyn was awarded Life Membership in 2011.

#### Frank Field - Committee Member

Frank is a cottage industry business owner, and volunteers with a team at the weekly Dandenong auctions and local Pantry 5000. A long-time member of Chelsea Neighbourhood House Inc/Longbeach PLACE Inc. Frank was awarded Life Membership in 2004.

#### Judith Haskins - Committee Member

Judith had a varied career in government, commerce and education, and gained university qualifications in training and development, social work, and business. She became involved in volunteering with NFP groups as a way to use some of that experience and learning within the local community. Over the years this has included tutoring adult EAL students, NFP governance, fundraising, policy development, editing articles on local history, and library home visiting. She believes that, centres like Longbeach PLACE provide opportunities and all-important friendship for people and is keen to continue contributing to their work.

#### Longbeach PLACE Inc.

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#### **Governance Committee 2019**

Rosemarie Sterling Chris Ewin Anne Legrand **Ted Beesley** Penny Procter Frank Field Lynette Varley Judith Haskins

President Vice President Secretary / Public Officer Treasurer resigned August Treasurer from August Committee Member Committee Member Committee Member

**Life Members** 

Marie Sullivan (1995-2011) George (Bill) Arnold (1995-

2011)

Lee Whelan (1995) George Haigh (2004) Dawn Watson (2004) Doris Grinlington (2004)

Frank Field (2004) Lyn Varley (2011) Craig Roberts (2011) Beverley Gilchrist (2011) Life Members (cont)

Lorna Stevenson (2016) Gary Rogers (2017)

**Honorary Members** 

Lyn Field (1995) Terry Prescott (1995)

**Auditor** 

Grant Plozza CPA

Office Staff

Rebekah O'Loughlin Trish Mumme

Robyn Jessup

Manager

Finance Administrator Customer Liaison Officer

**IT Tutors** Carrie Ewin Cheryl Ewin

Information Technology Information Technology

**Group Facilitators** Walk and Talk Group

Linda Mitchell

**Chelsea PC Support Group** 

Roier Liberman Chris Ewin Carrie Ewin Cheryl Ewin Leslie Trevena Alexandra Taylor

**Bayside Book Club** 

Roy Bunyan Lorraine Harris

Yoga Margot Kirke **Pilates** 

Susan O'Shea Tai Chi

Anne Legrand **Chelsea Art Group** 

Jaiden Mattea Chelsea Garden Club

Chrissie Mattea **Chelsea Social Group** 

Susan O'Shea

Volunteers

Brenda Dance Mei Mah

Rachel Mangalasinghe

Yi Ling Shi

**Tutors** 

Mirelle Vidal

Mairi Neil

Julie Lawton

English as an Additional Language

Further Education Literacy and

Numeracy Program

Writing Creatively Towards Your

Future

**Rental Groups** 

Al-Anon

Alfred Health Carer

Services

Australian Shareholders

Chelsea Probus City of Kingston

Edithvale Probus Ladies

Craft Group JobLife

Kingston Community **Education Group** Konekt Employment Oakwood School

Port Phillip Conservation

Council Inc Trinity Kids

